

## **Decisions of the Health & Wellbeing Board**

3 October 2019

Board Members:-

\*Cllr Caroline Stock (Chairman)

\*Dr Charlotte Benjamin (Vice-Chairman)

\* Cllr Richard Cornelius

\* Dr Tamara Djuretic

\* Chris Munday

\* Cllr David Longstaff (Substitute)

\* Dawn Wakeling

\* Kay Matthews

\* Dr Clare Stephens

\* Rory Cooper

\* Dr Nikesh Dattani

\* Caroline Collier

\* Fiona Bateman

\* denotes Member Present

### **1. MINUTES OF THE PREVIOUS MEETING (Agenda Item 1):**

The Chairman of the Health and Wellbeing Board, Councillor Caroline Stock welcomed all attendees to the meeting which was held at the new leisure centre at Barnet Copthall. She thanked the organisers for hosting this meeting which is linked to the deep dive items on the agenda on Sport and Physical Activity.

The Board noted that Selina Rodrigues has left her post as Head of Barnet Healthwatch and will be replaced by Rory Cooper, Barnet Healthwatch manager. Julie Pal, CEO of CommUnity Barnet will continue as substitute Board Member for Barnet Healthwatch.

The Chairman, on behalf of the Board, thanked Ms Rodrigues for all her efforts and contributions towards the work of the partnership over many years.

It was **RESOLVED** that the previous minutes of the meeting of the Health and Wellbeing Board held on 18<sup>th</sup> July 2019 be agreed as a correct record.

### **2. ABSENCE OF MEMBERS (Agenda Item 2):**

Apologies were received from Councillor Sachin Rajput who was substituted by Councillor David Longstaff.

### **3. DECLARATION OF MEMBERS' INTERESTS (Agenda Item 3):**

Chair of Barnet CCG and Vice-Chair of the HWBB, Dr Charlotte Benjamin made a joint declaration on behalf of Barnet CCG Board members, Dr Clare Stephens, Dr Nikesh Dattani and herself, in relation to the agenda items 8 and 10 by virtue of potential impact of the Sustainability and Transformation Plan through their respective GP practices.

### **4. PUBLIC QUESTIONS (IF ANY) (Agenda Item 4):**

None were received.

**5. REPORT OF THE MONITORING OFFICER (IF ANY) (Agenda Item 5):**

None.

**6. LIST OF HWBB ABBREVIATIONS (Agenda Item 6):**

The Board noted the standing item on the agenda listing the commonly used abbreviations.

**7. FORWARD WORK PROGRAMME (Agenda Item 7):**

**The Board noted the Forward Work Programme which includes the items of business for 2019-2020.**

The workshop session is due to take place in October/ November and Board Members were encouraged to come prepared with suggestions for future reports and discussions to be considered at forthcoming HWBB meetings.

**8. MINUTES OF THE HWB COMMISSIONING EXECUTIVE GROUP (Agenda Item 8):**

The Board noted the revised terms of reference of the Health and Wellbeing Board Commissioning Executive Group.

**It was RESOLVED that the Health and Wellbeing Board approved the minutes of the HWB Commissioning Executive Group meeting of June 2019 and approved the revised Terms of Reference.**

**9. UPDATES TO 2019/20 DELIVERY PLAN (Agenda Item 9):**

The Director of Public Health, Dr Tamara Djuretic presented the item which sets out the proposed changes to the Delivery Plan programmes and Public Health workstreams.

**It was RESOLVED that the Health and Wellbeing Board approved the updated version of the HWBB delivery plan for the Financial Year 2019/20.**

**10. Q1 2019/20 DELIVERY PLAN PERFORMANCE REPORT (Agenda Item 10):**

The Board noted the report which provides an overview of the performance over the Quarter 1 period towards the delivery of the corporate and HWBB priorities. Dr Djuretic noted that funding commitment has recently been received towards the NHS Diabetes Prevention Programme.

Following a comment on the data for breast feeding, the Board noted that the Healthy Child Programme is currently undergoing a transformation and once the new system is implemented, it should improve the completeness of data collection. This will in turn

provide a more up to date and accurate overview of the data which is expected to be higher than the rate currently reported.

Following a query from Councillor David Longstaff on Cycling Quietway, it was agreed that Officers will provide an update from the transport team to the Chairman and Councillor Longstaff about cycling network and paths.

It was **RESOLVED** that the Board reviewed the budget, performance and risk information for Q1 2019/20 and made any referrals to Policy and Resources Committee or Financial Performance and Contracts Committee in accordance with the terms of reference of these Committees.

#### **11. FOOD SECURITY ACTION PLAN 2019-2022 (Agenda Item 11):**

The Food Security Action Plan report was introduced by the Chairman who informed the Board that a grant has been received from the GLA to develop the Food Security Action Plan. Ms Hodge spoke about the work being delivered across the borough under the Plan.

The Board noted the report and highlighted the importance of ensuring that information was regularly kept up to date, particularly in relation to care pathways. Fiona Bateman also noted the importance of effective data collation to ensure that information is uploaded for referrals and usage of help and support services.

Mr Munday, Executive Director for Children and Young People informed the Board about the Child Poverty Strategy refresh and requested that Officers work collaboratively to ensure that the Strategy and this Plan are aligned.

It was **RESOLVED** that:

- 1. The Health and Wellbeing Board considered the proposed actions outlined in the Food Security Action Plan 2019-2022.**
- 2. The Board agreed monitoring recommendations outlined in the plan.**

#### **12. DIRECTOR OF PUBLIC HEALTH ANNUAL REPORT (Agenda Item 12):**

The Chairman presented the Annual Director of Public Health Report which focuses on healthy relationships. Dr Djuretic summarised the report which was co-produced with young people. She spoke about the importance of protected factors that build emotional and mental resilience for children and young people.

The Board welcomed Talia Kensit who spoke about the work of the Be In the Know (BIK) Team. She highlighted aspects of the training that young people received on healthy relationships, sexual health and emotional abuse.

The Board received a video presentation created by young people and produced by Youth Realities (YR) which highlighted examples of the work and support available via YR.

In respect of relationship education, the Board acknowledged that young people may be hesitant to fully engage on relationship development. To that effect, it was noted that a programme could be developed with schools to address this issue and enable young people to participate and engage as much as possible. Board Members welcomed a discussion outside of the meeting to consider how schools can be supported.

It was **RESOLVED** that:

**The Board approved the recommendations set out in the Director of Public Health Annual Report 2018/19.**

**13. HEALTHWATCH BARNET ANNUAL UPDATE REPORT (Agenda Item 13):**

The Chairman welcomed Rory Cooper, Barnet Healthwatch (HW) Manager who presented and summarised the Annual Report.

Mr Cooper highlighted the continued improvements made towards effective partnership working and joined up service delivery. HW's involvement in social prescribing has been very positively received and work will continue with partners.

The Chair welcomed a further update from Healthwatch outside of the meeting on A&E winter pressure preparations.

Mr Ray Booth, Barnet Mencap outlined the work delivered on cancer screening, including for people with learning difficulties. He spoke about the consultation and feedback process and noted that generally there was a lack of awareness and understanding on the topic of cancer.

In order to improve uptake, the Board heard about the development of the action plan to improve engagement with providers and raise the importance of cancer screening.

The Board noted the proposals around developing a training video for staff and carers which could be promoted more widely and help to improve understanding around cancer and increase screening uptake.

Following comments from Dr Nikkesh Dattani about the importance of a patient focussed approach towards informing service users, it was noted that the Cancer Screening Forum can be used as an effective platform to join up efforts to increase screening.

It was **RESOLVED**:

**That the Health and Wellbeing Board noted the Healthwatch Barnet Annual Update report (Appendix 1) and Barnet Mencap Cancer Screening (Appendix 2).**

**14. CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH TRANSFORMATION PLAN UPDATE 2019-2020 (Agenda Item 14):**

The Chairman welcomed the report and commended the progress delivered on the transformation work across the partnership in improving mental health and wellbeing of children and young people.

Upon invitation of the Chairman, Ms Sarah D'Souza, Director of Commissioning Barnet CCG, presented and summarised the key points of the report.

Zoë Garbett, Assistant Director Children and Young People's Commissioning, Barnet CCG addressed the Board and spoke about the 2019-20 transformation plan which is organised around the THRIVE model.

In relation to KOOTH online counselling service for children and young people, the Board noted the roll out of support for school professionals.

Councillor David Longstaff queried the number of young people who have used the online counselling service – Mr Munday noted that approximately 1,500 local log-on hits were recorded on the website.

The Board requested the following:

- Dr Charlotte Benjamin welcomed the report and requested further data analysis on the cohort of young people to inform future benchmarking and commissioning.
- Mr Munday requested that reference be made to the support provided to knife crime victims.

In reference to section 5.4.4 of the report, Ms Wakeling informed the Board about the potential implications of the Mental Capacity Act 2019. The Act is due to come into effect in 2020 and will replace the previous MCA 2005.

The Board agreed to amend the wording of first recommendation to read:

*That the Health and Wellbeing Board delegate authority to the Director of Public Health and Director for Children's Services in consultation with the Chairman, Lead Member for Children and Young People and Vice-Chairman of the Board to sign off this plan for 19/20 period ahead of the final submission to NHSE on 31/10/2019.*

It was therefore **RESOLVED:**

- 1. That the Health and Wellbeing Board delegate authority to the Director of Public Health and Director for Children's Services in consultation with the Chairman, Lead Member for Children and Young People and Vice-Chairman of the Board to sign off this plan for 19/20 period ahead of the final submission to NHSE on 31/10/2019.**
- 2. That the Health and Wellbeing Board agree to support the system wide Children and Young People's Mental Health Transformation.**
- 3. That the final report is presented to the next Health and Wellbeing Board, for noting.**

**15. DEEP DIVE: SPORT, PHYSICAL ACTIVITY, PARKS AND OPEN SPACES (Agenda Item 15):**

The Chairman introduced the deep dive part of the meeting which focused on the theme Sport, Physical Activity, Parks and Open Spaces.

Cassie Bridger, Assistant Director Greenspaces and Leisure spoke about the developments in the borough in relation to promoting physical health and sports.

The Board noted the progress update on the establishment of the Fit and Active Barnet (FAB) Partnership Board which includes representation from internal and external stakeholders.

Board Members welcomed the update on the investment towards leisure centres which has enabled two centres to be opened recently at New Barnet Leisure Centre and Barnet Copthall Leisure Centre.

Ms Bridger noted that there has been high levels of interest and demand for the facilities.

Following a presentation on the GLL contract, the Board noted the support requirements around:

- Increasing the levels of awareness for adult weight management and diabetes
- Access to network groups and different ways of encouraging uptake

Janet Djomba, Public Health Strategist updated the Board on the Healthy Heritage Walks and Mayors Golden KM (MGK) initiatives.

The Chairman welcomed a teacher and children from Underhill School who were one of the first schools to engage in MGK.

The pupils informed the Board about the ways in which sport activities have been incorporated into their daily activities and their involvement with MGK and its benefits. This in turn has also led to great results and trophies being won by pupils in sports competitions.

The Board commended the achievements and discussed ways in which other schools and teachers can be encouraged to promote further physical activity.

Ms Sandra Renton, patient from St. Andrew's Medical Centre spoke about her experience and the health benefits of Practice Walks.

The Board welcomed the presentation and encouraged further promotion of Practice Walks through for example notice boards as a way to increase uptake and healthier lifestyles.

Rachel Hodge, Public Health delivered a presentation on Active Travel and ways in which this can be encouraged. The Board also received a presentation on the development of digital App that encourages active travel through behaviour change theory.

Councillor Richard Cornelius welcomed the presentation and highlighted the importance of ensuring that cycling safety is taken into account at all times.

Officers noted the suggestion and stated that work will commence with the transport team to consider this issue and make suggestions for safer cycling routes.

Following a suggestion from Dr Clare Stephens, Officers noted that work will commence to develop and test safe rug sacks for use during cycling.

The Chairman welcomed Tony Lewis, Chief Executive Barnet Youth Zone who spoke about the high number of young people who have joined and participated in Youth Zone activities which includes sport, physical activity, theatre and dance programmes.

Ms Matthews, Chief Operating Officer Barnet CCG noted the presentation and highlighted the associated mental health benefits of the various programmes and activities offered at Youth Zone.

The Board requested that a future meeting of the HWBB take place at Barnet Youth Zone.

It was **RESOLVED:**

- 1. That the Health and Wellbeing Board noted the progress which has been made by the Council and partners in working towards improving levels of physical activity in Barnet.**
- 2. That the Board noted the future priorities to sustain and further improve physical activity in Barnet.**

**16. ANY ITEMS THE CHAIRMAN DECIDES ARE URGENT (Agenda Item 16):**

The Chairman introduced the urgent item on the agenda and Ms Wakeling summarised the BCF Plan report.

It was **RESOLVED:**

- 1. That the Health and Wellbeing Board approved the Barnet Better Care Fund plan for 2019-20.**
- 2. That the Health and Wellbeing Board (HWB) noted that progress will be monitored by the Health and Wellbeing Board Joint Executive Group (HWBJEG) and regularly reported to the HWB.**

The meeting finished at 11.35 am